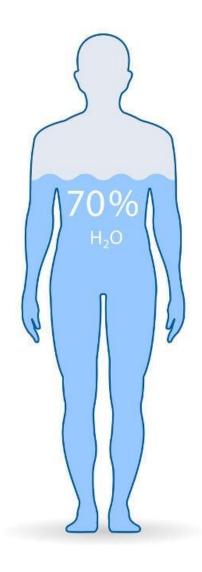




## **WATER**Cycle

- Natural Resource
- Essential to Life
- Ecosystems
- Renewable Resource



#### WATER IN OUR BODY

- Transport of nutrients to cells
- Regulation of body temperature
- Elimination of substances
- Fundamental for the realization of several chemical reactions that occur in our body.
- Acts on the protection of our body



## 2,5%

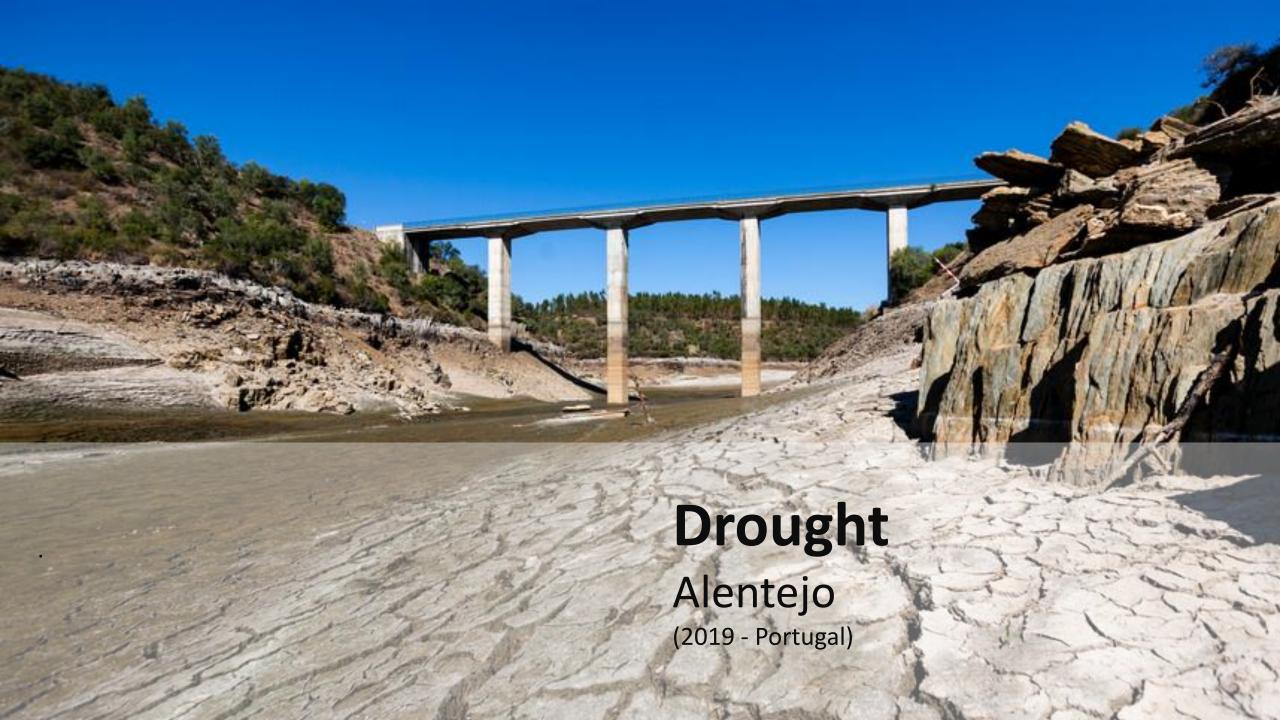






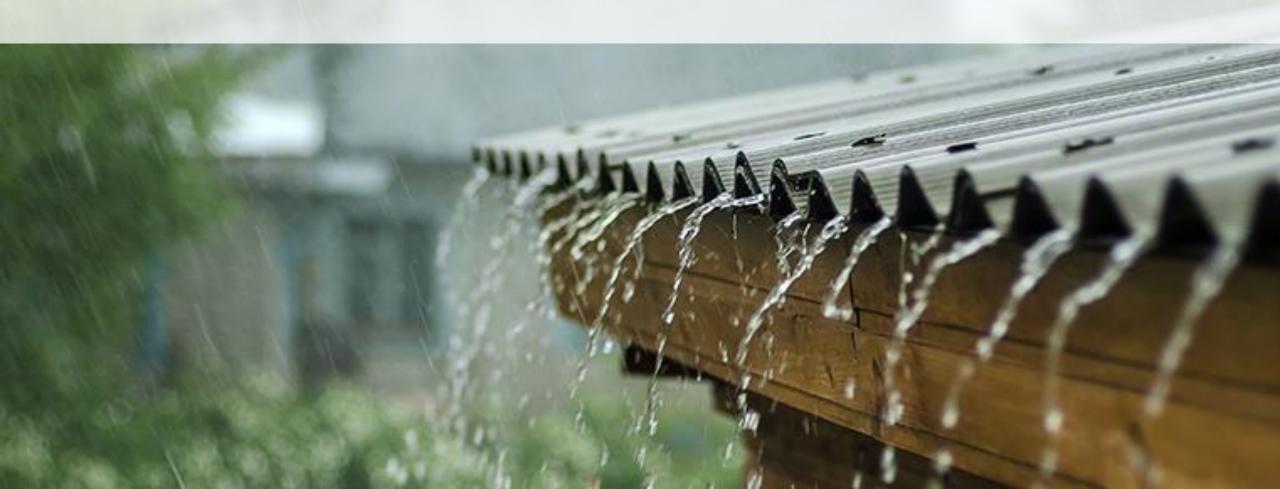








Over the centuries, and independently in the various regions of different continents, techniques were developed to use rainwater, especially in dry regions.





"And there was no cistern inside the town of Qarhoh: So I said to the people, May each of you make a cistern to himself in his home." In Portugal, there are several castles with rainwater storage tanks





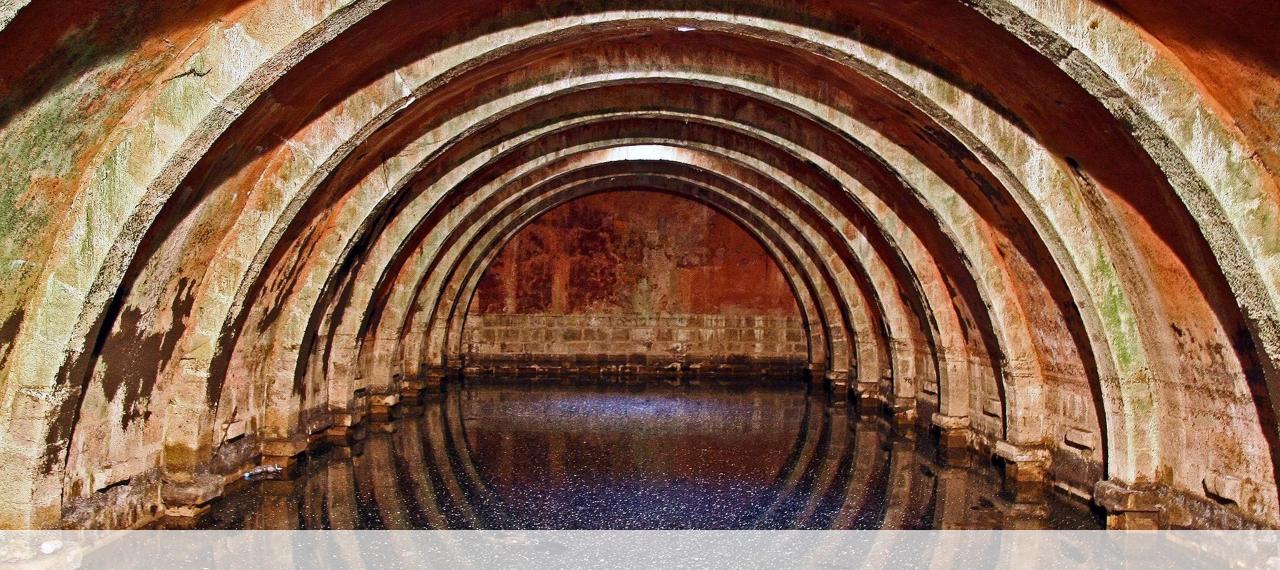
### **Lamego Castle**

Lamego (Portugal)





Marvão (Portugal)



#### Marvão Castle Cistern

Marvão (Portugal)



Throughout the country there are also several houses with tanks of use of rainwater for domestic use



Rainwater is a natural resource that can be easily collected and used for various nonpotable water activities, such as:









Garden watering





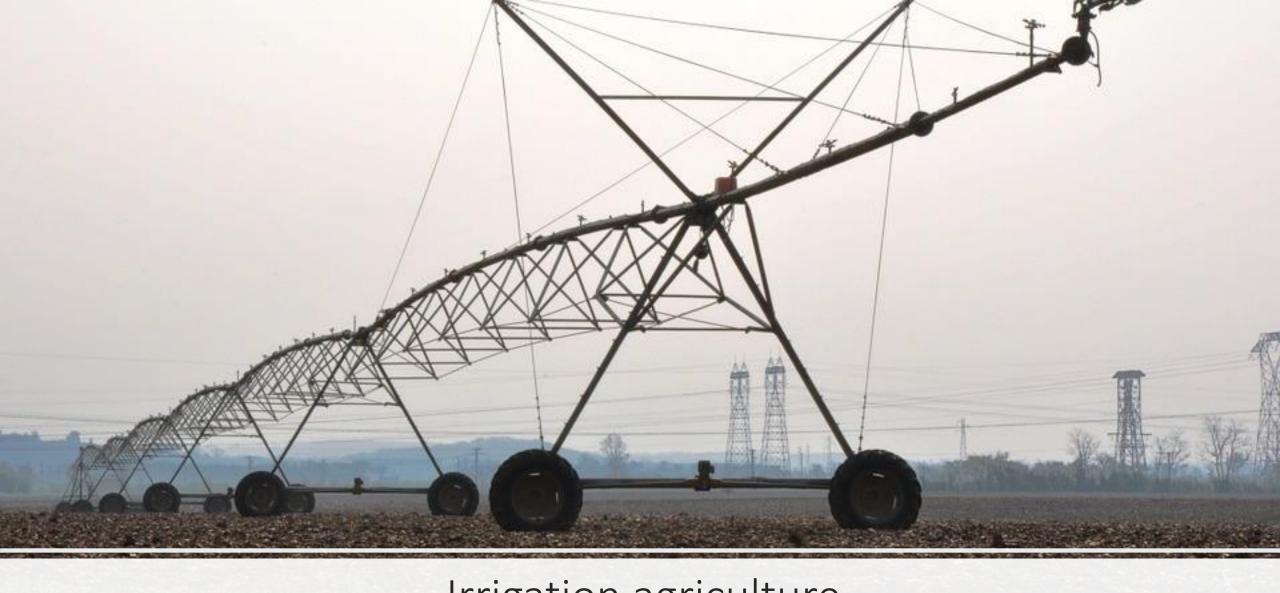
Fire fighting



Cleaning machinery







Irrigation agriculture



"The human right to water is indispensable for life with human dignity. It is a prerequisite for the realization of other human rights "

**UN Committee November 2002** 



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